

# WAYS TO SHOW SUPPORT FOR FRONTLINE WORKERS



## GIVE THEM A SHOUT OUT



Give nurses, doctors and janitorial staff a shout out on social media. Let them know that we appreciate them and are so grateful for their work in this time of crisis.

## BUY THEM LUNCH



Offer to cover or donate takeout or delivery meals to healthcare workers from your favorite restaurant. Not only will you support your local restaurants, but you'll also make someone's lunch break special.

## DONATE SUPPLIES



Donate any supplies you have. Many people are making face masks or donating hand sanitizer. Every little bit helps.

## OFFER CHILDCARE



If you are friends with a healthcare worker, you can help relieve some of their stress by offering to watch their children while they are at work.

## OFFER TO PAY FOR THEIR PARKING



In the age of paying it forward, now is the perfect time to show your appreciation of the healthcare industry by just covering their parking fees.

## CALL AHEAD BEFORE GOING TO THE DOCTOR



Call ahead before going to the doctor's office or stay home. You can help minimize the spread of the virus by staying home or researching symptoms ahead of time.

Email us at: [contactus@asmwaypoint.com](mailto:contactus@asmwaypoint.com)  
[www.asmwaypoint.com](http://www.asmwaypoint.com)

*We care about your business and we are here to help.*

